



NORTH
YARMOUTH
ACADEMY

September 17, 2021

Dear Students and Parents/Guardians,

At the start of each school year, the Middle School students at North Yarmouth Academy embark on an adventure with their peers. Each grade is involved with different experiential education programs designed to help build leadership, communication, self-confidence, character, and community between the students. This is a great opportunity for the students to step outside their comfort zone and grow from each challenging experience. Each year, the Experiential Education Program builds upon the year before as students face new challenges in each new program. The seventh grade will go to The Kieve Leadership School in Nobleboro for two consecutive days, October 4 and 5. Students will participate in teambuilding activities and character building programs, as well as high ropes elements where students will learn to belay each other on the high ropes course and climbing wall.

Please complete the following forms as soon as possible:

1. Fill out the [online health form](#) and email [Danielle Barschdorf](#) to let her know once it has been completed.
2. Fill out the attached **waiver** and bring the completed waiver to Danielle Barschdorf or the Middle School reception desk by **Tuesday, September 21**.

If you have any questions about the program, please contact Danielle Barschdorf at 846-9051 ext. 472 or dbarschdorf@nya.org.

*There will be no sports on Monday, October 4 or Tuesday, October 5.

Seventh Grade:

Monday, October 4 – Arrive at NYA by 7:45 a.m., Pick up at NYA at 5:15 p.m.

Tuesday, October 5 – Arrive at NYA by 7:45 a.m., Pick up at NYA at 2:15 p.m.

What to bring and wear each day:

- 2 Masks
- Comfortable *closed-toe* shoes (no sandals or clogs)
- Layers – be sure to have clothes for warm and cold weather (synthetics are good in case of wet conditions). Make sure to bring *extra socks* in case it is wet.
- Sun hat and warm hat
- Full plastic water bottle – please do not bring a bottle that sprays or leaks
- **Rain Gear (Important!)** – Unless there is thunder and lightning, you **will** be outside.
- Backpack to carry gear
- Medications –in **original bottle** with label indicating name and dose, to be held by NYA teachers

Please leave all electronic equipment and jewelry at home. Students may bring a cell phone for contacting home at the end of the day, but phones will collected by teachers for the entire day at Kieve.

We are really looking forward to this great program! Please remember to fill out the **waiver** and the [online health form](#).

Sincerely,

Danielle Fisher Barschdorf
Experiential Education Coordinator