



North Yarmouth Academy Middle and Upper School Winter Activities Update

Friday, November 13, 2020

On Monday, November 9, the state released revised guidelines and regulations related to both community and school sponsored sports. The updates more closely aligned the ways in which each group can offer athletics and activities and were made in order to more universally fight increasing COVID-19 cases in our state.

In response to these updates, our move to remote learning in the Upper School, and in a continued effort to stop the spread of COVID-19, please review the following timeline:

Middle School After School Activities (*excluding Breaks*)

Tuesday, November 10 – Thursday, December 10 – In-person gatherings, run under the current Physical Education (PE) guidelines. Information will be shared by each activity leader or coach via email

Tuesday, December 13 – Wednesday, December 16 – In-person gatherings, run under school sponsored guidelines (including in-house competition)

Monday, January 4 - Thursday, February 18 - In-person gatherings, run under school sponsored guidelines (including in-house competition)

Upper School After School Activities (*specific weekly schedules vary by activity*)

Monday, November 9 to Sunday, November 29 - *Virtual Upper School After School Activities*

- These activities will be offered during the 3:15 p.m. to 5:00 p.m. remote learning schedule block
- Upper School hockey coaches will communicate with their current rosters via email
- As MPA athletics are still under no coach contact, Ms. Ross will communicate with all other students via email
- Drama will begin, Monday, November 16. Information will be emailed by Coach Krainis

Monday, November 30 to Sunday, December 6 - *In-Person After School Activity Gatherings Resume*

- Upper School hockey coaches will communicate schedule details to current rosters and work under the current state physical education (PE) guidelines
- Ms. Ross will communicate with all other students to sign up for select open gym offerings, run under the current state PE guidelines

Monday, November 30 - *Studio Band will begin (tentative)*; Information will be emailed by Mr. Ramsey

Monday, December 7 to Sunday, December 13 - *MPA and Upper School hockey teams will hold in-person practices under the school sport guidelines (individualized skills and drills; no inter-squad competition)*

Monday, December 14 to Sunday, January 10 - *MPA and Upper School hockey teams will hold practices and team competitions (in-house), under school sport guidelines*



Monday, January 11 - MPA and Upper School hockey teams begin regionalized competition against teams from the same geographic area, under school sport guidelines

We understand the important role after school activities play in so many of your lives. We share many of your frustrations in the way the recent surge of COVID-19 cases has impacted our ability to gather in these groups. We also believe in the commitment of our community to adhere to the guidelines and do the right thing. We feel the above timeline allows us to safely – albeit slowly - return to activities in the best way possible.

Go Panthers,
Kelsy Ross, Director of Athletics