



**Green Group from Yarmouth High School to Present Screening of Powerful New Documentary Aiming to Spark Conversation About Teens and Anxiety, Provide Tools, Resources and Hope**

*Question and Answer with Local Experts to Follow  
January 17th 7pm at Yarmouth High School*

**WHAT:** [Green Group](#) is excited to present a special free screening of the national documentary “[Angst: Raising Awareness Around Anxiety](#)”, featuring an interview with world-renowned athlete and mental health advocate Michael Phelps. Teens and parents share deeply personal stories about the impact of anxiety on their own lives and tips and advice from prominent experts. Anxiety disorders are the most common mental health challenge in the U.S., but there is hope because the condition is highly treatable. The showing of the 55 minute film will be followed by an informative conversation with local experts.

**WHO:** The event is open to the public and more than 200 local teens, parents and community members are expected to attend.

**WHERE & WHEN**

Yarmouth High School, Yarmouth Performing Arts Center  
286 West Elm Street Yarmouth, ME  
Wednesday, January 17, 2018  
Screening begins at 7:00 pm  
Q&A from 8-8:30pm

\*Free tickets are now available and space is limited! Click here to reserve tickets.

<https://www.showclix.com/event/angst-at-yarmouth-high-school>

*Thank you to our local supporters:*

[Casco Bay CAN- NYA- First Parish Church](#)

**ABOUT ANGST:** Producers Scilla Andreen and Karin Gornick have one goal: to start a global conversation and raise awareness around anxiety. To learn more visit: [www.angstmovie.com](http://www.angstmovie.com).